

PRICE LIST

Packages



\$499

1 week


- 7-day individualized meal plan
- 1 individual consultation with nutritionist



\$1499

1 month

- 4-week individualized meal plan
- 4 individual consultations with nutritionist



\$2499

3 months

- 4-week individualized meal plan
- 12 individual consultations with nutritionist



\$150

Single session

- 45-minute individual consultation with nutritionist